

"Wellness" is the Key to Finnleo Sauna Sales

There are few consumer products that can better answer today's' hectic lifestyle than a Finnleo Sauna. We all need to ask ourselves, "Wouldn't we all want to Feel, Look and Sleep Better and let a Finnleo Sauna add the following aspects of Wellness to our lifestyle:"

1. **Relieve Stress** - Heat Bathing which causes the release of Endorphins and the related cardio vascular benefit of increased circulation can have enjoyable tranquilizing effect and help to quell pain in the body, thus giving one a beneficial way to relax on the end of a stressful day.
2. **Relax Muscles and Sooth Aches and Pains in the Muscles and Joints** - Regular Sauna use promotes the body's production of pain relieving Endorphins and as the body temperature raises blood vessels are dilated and circulation increases accelerating the body's natural healing process.
3. **Flushes Toxins** - As the body's core temperature rises the nervous system sends signals to the sweat glands in order to stimulate the production of sweat and will create the "Deep Sweat" associated only with the practice of Sauna. "Deep Sweating" has been proven to be the best way for one to reduce such Toxins in the body such as; Lead, Copper, Zinc, Nickel and Mercury and in turn rinsing Bacteria from the Sweat Glands and Epidermal Layer.
4. **Cleanses The Skin** - Deep Sweating will cleanse the Pores and promote exfoliation giving the skin a Soft, Beautiful appearance.
5. **Induces Deeper Sleep** - Along with the Reduction of Stress and the Passive Cardio Vascular Activity prior to bed time allows the body to fall into a deeper more beneficial sleep pattern.
6. **Recreational and Social Benefits** - A Finnleo Sauna provides an ideal relaxed social environment that promotes interaction between spouses, family and friends.
7. **Improves Cardio Vascular Performance** - In a Finnleo Sauna the body experiences a Passive Cardio Vascular Experience and through regular use you can promote a "Heart Healthy Lifestyle".
8. **Burns Calories** - The Passive Cardio Experience that is the result of using a Finnleo Sauna is similar to the heart rate increase of a light workout and as a result the user will burn calories and enhance Metabolism through regular use.
9. **Fights Illness** - The use of a Finnleo Sauna and its effect on the body's core temperature causes a "False Fever" that causes the body to enhance the Immune System in turn raises the body's ability to quell off illness.
10. **Feels Good** - The combined effect of the use of a Finnleo Sauna is the way to bring "Wellness" into your lifestyle and promote "Feeling Good".